

Connect Groups

Connect with God Connect with One Another

Register for Groups online at:

mountzion-umc.org/connectgroups

5MMP

The 5MMP Connect Group is unique, in that it is all done remotely from wherever the participant chooses. As we focus on Mount Zion's Mission, we will pray for our ministries to keep our focus **Upward** on God our Father, **Onward** in our individual Christian maturity, and **Outward** in our outreach to our community. An agenda will be provided upfront to include all 14-weeks, with what to include in your prayer, as well as a weekly reminder. This is an amazing opportunity to lift up those within our church in their individual walks with Christ and in our effort to be more outwardly focused. This group will be led by Patty Eller and Kathryn Wright. **Meets:** Mondays ● Please choose a time that is best suited to devote to an "uninterrupted" five minutes of prayer on the designated topic. ● 9/13-12/13 ● **Cost:** None

Basic Handgun

This group will help people draw closer to God and each other as it introduces participants to the basics of handgun safety, operation, selection, shooting, storage, cleaning, etc. People with all levels of experience are welcome, but the group will be particularly helpful to new gun owners, those considering the purchase of a handgun, or those just curious about firearms. This is NOT the required course to obtain a permit for concealed carry. *An optional trip to a shooting range for live fire will be offered.* This group will be led by Pastor Leonard and Donna Rex. **Meets:** Mondays from 7-8:30 PM ● Parsonage ● 9/20-10/11 ● **Cost:** \$10 per person for class materials, additional cost for ammunition if participating in optional live fire. **Special Considerations:** All experience levels may participate. No prior experience with handguns is necessary. Youth age 12-18 are welcome, when accompanied by an adult.

Law and Grace Bible Study by Samir Deokuliar

Grace, mercy, love, forgiveness - these are core tenets of the Christian faith. And yet, a journey through the Old Testament, especially through the 'law books,' or the Pentateuch, can have us wondering if we are talking about the same God of the New Testament! To our modern-day thinking, the Old Testament laws seem harsh, unyielding and extreme - perhaps even fanatical. Did God really say that, we may wonder? Is it still relevant to us today? Which rules of the Old Testament should we follow? In this six-part series, Samir Deokuliar helps us resolve this dilemma by reconciling the seemingly contradictory theologies of the Old and New Testament. This group will be led by John and Jennifer Boyd. **Meets:** Mondays at 7 PM ● Room 105 ● 9/13-10/25 ● **Cost:** None

The Dawning Study Group by Joe Stowell

In this Bible study participants will focus on the example of community, compassion, and endurance displayed by the early Christians. Participants will explore the formation of Christianity as they view significant locations in modern-day Rome. This study offers insights into the similarities between the oppression of Christians then and now, and encourages participants to unite and stand firm in the faith during challenging times. This group will be led by Elaine Heintzelman. **Meets:** Mondays at 6 PM ● Room 103 ● **Cost:** Free

Biblical Personal Finance

Biblical Personal Finance is a 6-week class focused on what God's word says about managing our personal finances. Each week we will explore scripture and practical application around topics like saving, giving, budgeting, debt, living within our means, building wealth, retirement planning and investing...God's way. Participants will learn how to take advantage of several tools (free software) that can simplify the process. This group will be led by Tony Hewett. **Meets:** Wednesdays from 7-8 PM ● Room 103 ● **Cost:** Free + Free Childcare provided. **Special Considerations:** The group is very interactive and focused on using technology (tools) to help you manage your personal finances. The hands-on exercises require a laptop and smartphone to get the most out of the program.

Experiencing God

Would you like to hear God speak? Would you like to know God's will for your life? Would you like to experience his presence and power daily? This 13-week Bible study focuses on knowing God intimately, recognizing his voice, understanding his will, and doing it. It will involve weekly video lessons and discussion, as well as personal study in between. Materials developed by Henry Blackaby, Richard Blackaby, and Claude King. This group will be led by Pastor Leonard and Donna Rex. **Meets:** Wednesdays from 6:30-8 PM at the Parsonage ● 9/15-12/8 ● **Cost:** \$25 per person for class materials, workbook, and journal. **Special Considerations:** Class will be limited to 10 Participants.

Talk, Tea & Yoga for Women

Come join together for fellowship, tea (or coffee) where we will get to know each other, and share what's going on in our lives. We will then fill our cups even more with a short Yoga session. All are welcome to participate, regardless of Yoga experience; a yoga mat and chair option will be available. The Yoga portion will be led by a registered yoga instructor. This group will be led by Janice Krakowsky and Terri Cowell. **Meets:** Wednesdays 6:30-7:30 PM ● Narthex & Parlor/Zoom 9/15 - 11/17 ● **Cost:** None ● **Special Considerations:** If you want, bring your favorite mug, and your yoga mat. In-person Limit of 10 ● No Zoom Limit

Creative Christians

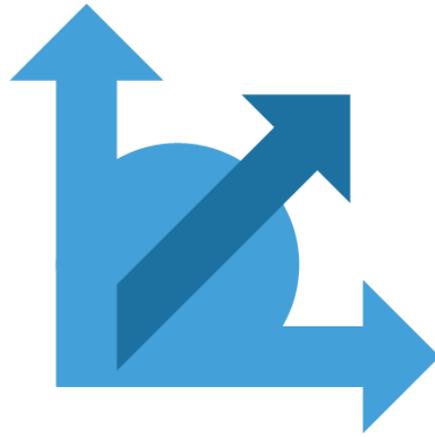
Crafty, artsy souls coming together to share in Christian fellowship. Bring a current project and a snack to share. Come for part, or all, of the evening. Prayer requests and celebrations will be shared. This group will be led by Carolyn Brown and Sarah Lee. **Meets:** Monthly on Fridays from 6-10 PM ● Room 103 ● 9/10, 10/8, and 11/12 ● **Cost:** Free ● **Special Considerations:** Age 13 and above.

Ladies Bunco Group

Bunco is a dice game that is played in rounds. Bunco is an excuse to get together with friends and have fun. It's a fast-paced dice game that gets everyone involved at the same time! It only takes minutes to learn! We will have fellowship and share prayer requests. This group led by Sheila Brookover. **Meets:** Monthly from 7-9 PM ● 9/17, 10/15, 11/19, and 12/17 ● Fellowship Hall ● **Cost:** \$5 for prizes. **Special Considerations:** Masks are optional/suggested.

Mount Zion Men

Join us as we gather monthly on Sunday mornings for a time of fellowship, breakfast, and devotion. Periodically there will be opportunities for service in our community that takes place on different days of the week. Some of these projects have included: home maintenance, yard work, and building projects. We hope you'll join us! Open to all men. This group is led by Bill Cordray and Bob Kisner. **Meets:** 2nd Sunday of the Month at 7 AM ● Fellowship Hall ● 9/12, 10/10, 11/ 14, and 12/12. ● **Cost:** Suggested \$5 monthly donation towards community outreach projects. Breakfast provided each month.



OUTWARD

Other ways to connect at Mount Zion is through our new partnership with Community of Hope, located in Garner.

In the coming weeks, you will begin to hear more about ways to serve with others at Mount Zion through one of 5 ministries at Community of Hope; these ministries are:

Afterschool Enrichment Program

Camp Good Hope

Carpenter's Hand

Food Pantry

Garden of Hope

To learn more about *Community of Hope* visit:

communityofhopeministries.org